SERMON NOTES "Pillow or Yoke?" Matthew 11:28-30

<sup>28</sup>Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light."

I. Not though a Pillow (v. 28)

### II. Only through a Yoke (vs. 29-30)

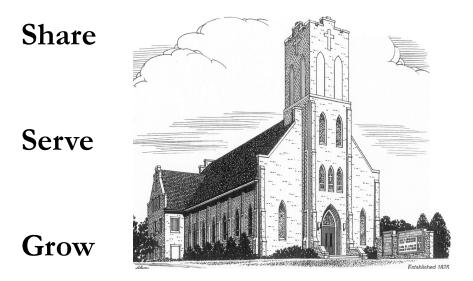
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# The Sunday Spirit



ST. PETER'S LUTHERAN CHURCH 6175 St. Peter's Church Road Conover, North Carolina July 9, 2023 Fifth Sunday in Pentecost

The Rev. Eric Hauss, Assistant Pastor Carolyn Paschal, Music Director Drew Stiles, Praise Band Leader Nancy Bruce, Administrative Assistant

Office: 828-256-2970 Office email: secretary@stpetersconover.org Web Site: www.stpetersconover.org Facebook: St. Peter's Lutheran Conover, NC Instagram: st.peterslcms Church WiFi: stpeters1364



As We Gather Our lesson for today contains a verse that many of us need to take to heart. Jesus says, "*Come to me, all you who labor and are heavy ladened, and I will give you rest.*" Jesus is describing many of us and our everyday lives. He knows our situation. We're tired, stressed out, battling fatigue. Our nerves and stress level is on edge. In today's Gospel from Matthew, Jesus invites those "*who labor and are heavy ladened*" to come to him for rest for your soul. When we think of rest, we think of laying our heads on a soft pillow, but Jesus says seek his "*yoke*" instead. If we look to Jesus for rest, instead of finding our own comfort, then we will see what we find in Jesus is a whole new way of doing life, and we find total rest.

### +Share +

Welcome to St. Peter's! We welcome our **guests** and ask you to fill out the "Welcome Guest" card in the pew rack, place it in the offering plate and take home a "welcome" bag. We invite members and friends to fill in the red attendance pew pads. We are so glad you came!

**Need Prayer?** Those desiring personal prayer will find an elder stationed in the prayer room following the services today. The prayer room is located in the hallway to the left of the altar area.

**Today's 8:15 am Radio Service Broadcast** is given to the glory of God by Jean Davis.

**Today's altar flowers** Pam and Scott Medlin and family have put flowers on the altar given to the glory of God in loving memory of Lou Rector, whose 86th birthday would be tomorrow. We miss you so very much, Mama(w)!

### **ACTIVITIES FOR THE COMING WEEK**

- Sun. (9)8:15 am Contemporary Service<br/>9:15 am Sunday School<br/>9:15 am Second Sunday Social<br/>10:45 am Liturgical Service<br/>5:00 pm Church CouncilMon. (10)8:30 pm Quilters<br/>6:30 pm BASIC Bank Practice<br/>6:30 pm GriefShare ClassTues. (11)Sun. (16)8:15 am Contemporary Service with Holy Communion<br/>9:15 am Sunday School<br/>9:15 am Second Sunday Social
  - 10:45 am Liturgical Service with Holy Communion
    - 5:00 pm Church Council
    - 4:30 pm Homebound/Workers Communion Service

Last Week

*July 2, 2023 -* 10:45 am service - 170 Sunday School - 55

#### **Offerings**

General Fund - \$10482.00; Kids Kamp - \$1887.00.00; Senior Youth - \$55.00; Blessing Box \$112.00; Mission Fund - \$15.00; Building Fund - \$490.00 *General Fund Needed Weekly - \$10,467.00* 

<u>Today's Servants</u>

Altar Guild: Christal Sigmon & Annissa Beck

Musicians (8:15 AM): Drew Stiles, Thom Bumgarner, Jeff Winebarger, Chris Erwin, Oz Hefner, Chris Powell.

Organist (10:45 am service): Carolyn Paschal

Greeters: 8:15 Mary Deese 10:45 Karen Hoyle

Readers: 8:15 Kevin Gantt 10:45 David Icenhour

**Sunday Lunch Bunch** All are welcome to join us for lunch on **Sunday, July 16 at 1:00 pm** at the Captain's Galley off on Sandy Ridge Road. Please let Betty Goble (828-308-4251) know if you will be joining them by **July 9** so she can make reservations.

Announcements for bulletin Please have all announcements for each week's bulletin into the church office by Wednesdays at 5pm. Thank you!

**Church Council** will meet **today** at **5 pm.** Please contact Bob Watts if you cannot attend.

#### Memorials

The Multi-purpose Sunday School class has donated to the Blessing Box.



If you know of a member of the congregation who is sick, hospitalized, or has special needs, please contact the church office at 828-256-2970 or Pastor Eric.

### **Safety Precaution**

Due to security reasons, the church council has voted that all of the exterior doors will be locked during worship services except for the front doors of the sanctuary. The exterior doors will be unlocked before and between worship services.

#### **COVID-19 Protocol**

The 8:15 am service can be viewed and enjoyed on a large screen in **the Spirit Center** where masks are required and social distancing is maintained.

### Next Sunday - July 16 - Seventh Sunday After Pentecost

Sermon: Guest Pastor, Rev. Morgan Lane Scriptures: Isaiah 55:10-13, Romans 8:12-17, Matthew 13:1-9, 18-23, Psalm 65:9-13.

8:15 AM Contemporary Worship w/Holy Communion 10:45 AM Service of the Word, DS Setting III w/Holy Communion 4:30 PM Homebound/Workers Communion Service (Pastor Richard Tucker)

# + Grow +

## <u>Children Sunday School Classes Today</u> 9:30 – 10:30 AM

\***Preschool-Kindergarten** - Room #2 Education Bldg - Brenda Fulbright & Emily Schwandt

\*1st - 3rd Grades - Room #9 Education Bldg - Terry Sigmon

\*4th - 6th Grades - Room #8 Education Bldg - Ashton Sigmon

\*Middle & High Schoolers - Room #4 Education Bldg - John Adams

Adult Sunday School Classes Today 9:30 – 10:30 AM



\*Sanctuary Class - Expository Teaching on the Gospel of John by Pastor Eric.

\*Adults of All Ages - "The Story" with Kim Gantt & Kevin Gantt, Education Building, Room # 1.

\*Ladies Class - "God's Psychiatry, The Healing of Mind and Soul" by Charles Allen with Beth Lail, Education Building, Ladies Sunday School Room (old youth room).

\*Multi-Purpose Room Class - "The Sermon on the Mount" with Christal Sigmon

### Mid Week Small Groups

\*A Grief Share Class meets on Mondays at 6:30 pm in the multipurpose room. This support group for those grieving the death of a loved one includes excellent instructions from professional grief counselors. Contact Sandra Jenkins (828-638-5224) for more information

# + Serve +

#### Church Members in Need of Prayer Terry

Bolick, Amber Bowman, Bob Bowman, Aidan Cox, Mike Early, Betty Eckard, Gary Eckard, Judy Gantt, Dixie Ingram, Richard Hallman, Darrell Reiter, Bonnie Sigmon, Gary Smith.



### **Pray for Our Homebound Members**

<u>Those at Home</u>: Bob Bowman, Donald Gantt, Jean Hoke, Annette Holler, Kathleen Houston, Lorene Huffman, Margaret Laws, Bobby Little, Gerald Matthews, Hazel Moser, Seth Paschal, Reva Reinhardt, Deborah Rufty, Eugene Sigmon, Richard Sigmon, George Smith, Carol Starnes, Georgia Walker.

<u>Trinity Ridge:</u> Pat L. Sigmon <u>Brookdale:</u> Blanche Hefner <u>Kingston Manor:</u> Barbara White <u>Carolina Rehab</u>: George Smith <u>Conover Rehab</u>: Alberta Winebarger

### **Prayers for Expectant Mothers**

Whitney and Ryan Terry - Due Date, July 22, 2023 EmilyAnn & Garrett Pfeifer - Due Date, November 11, 2023

### **Friends Needing Prayer**

- ♦ *Gibson Darden*\*\*\*\*(*brother of Russ Darden*)
- ♦ Tommy London\*\*father of Windy Pruitt)
- ♦ Bob & Mary Lou Grundy\*\*(cousins of Carolyn Paschal)
- ♦ Jan Hunt\*\*\*\*(cousin of Pastor Eric Hauss)
- ♦ Donna Robinson Hager\*\*\*\*(friend of Anna Carol Spencer)
- *Rebecca Caffey\*\*\*\*(mother of Chris Sherbino)* (Names will be listed for one month and can be renewed upon request)

**Birthdays This Week of Active Members** Faye Bowman(7/10), Reva Reinhardt(7/12), Bobby Gantt(7/13), Margaret Laws(7/14), Cooper Link(7/14), David Brittain(7/15), Judy Gantt(7/15).

#### Anniversaries This Week Rob & Amy Rucker(7/13)

**Ghana Mission** Pastor Eric will be gone Friday, July 14-24. If you have any pastoral needs during this time, please contact Nancy at the church office or Head Elder Alex Scott Fulbright.

**Call Committee Update** One of the first steps in the process is completing a congregational profile. This self evaluation is used by the district president to match up potential pastors for us to consider. Before the profile is sent to the district office you will have the opportunity to see what the committee has put together. Come out on **Sunday, July 16** at **2:00 pm** or **Monday, July 17** at **6:30 pm** to see the profile and discuss the next steps.

### **Celebration Thanksgiving!**

Teresa and I were overwhelmed by the love that you showed us during my retirement celebration! The worship service with my favorite songs and scriptures, kind remarks by Jeannette, Judy, Nancy, Bob, Carolyn, Pastor Eric, others and Martin Luther, the delicious "pot-bless" meal with Rev. BBQ, the gifts, cards, hugs and affirmations blessed us abundantly.



Thank you for loving us from our first days here. You are a precious congregation! - We love you, Pastor Kevin and Teresa

P.S. - I am starting to send out thank you notes. Who gave me the John 3:16 tumbler mug, the box of chocolate chip cookies (yum) and the envelop that said, "Thanks for the visit and communion"? - PK



**School Supplies Collection** We are collecting school supplies for our senior high youth to take with them to their servant week event at Camp Linn Haven the end of July. These supplies will be put into backpacks and taken to schools in that area to give to families that need help getting their children ready for back to school. A collection box is in office hall way. Thank you giving from your heart!

**Amber Pill Bottle Collection** Elliott Gantt with our Boy Scout Troop 341 is collecting and cleaning amber pill bottles for reuse by the Cooperative Christian Ministries Pharmacy in Hickory. This is part of his Eagle Scout project. Please remove all labels from the bottles and place in the collection box located in the back hallway near the church offices. Thank you for your help!